

# Safe Sleep Academy



The Akron Children's Hospital Safe Sleep Academy is empowering our community to put every baby to sleep safely every time, through infant safe sleep education at your fingertips. Learn about the ABCDEs of safe sleep and much more through this user-friendly online training.

The education is self-paced, takes less than 30 minutes to complete, and you'll receive a printable certificate. Inform others about safe sleep practices by sharing the Safe Sleep Academy with your family and friends!

